



EARLY CHILDHOOD Training & Resource Fair

8:00am - 3:00pm | Saturday, November 14, 2015 | Texas A&M University-San Antonio

Welcome to the fourth annual **EARLY CHILDHOOD TRAINING & RESOURCE FAIR** offered by your City Council Representative, **Rebecca J. Viagran**, in partnership with **Voices for Children of San Antonio & Texas A&M University-San Antonio**

We hope this training will equip you with encouragement, knowledge and skills. Thank you for your commitment to providing high quality care and education to our youngest community members.

5.5 Professional Development Clock Hours Provided

City Council



District 3



8:00 Check-In & Resource Fair

Welcome Center

8:30 Welcome

Large Auditorium

*Cynthia Teniente-Matson, PhD

President, Texas A&M University - SA

*Kathleen Fletcher, PhD, MPH

President/CEO, Voices for Children - SA

*Rebecca J. Viagran, Councilwoman,
City Council District 3

* Adam Dusenbury, MEd. Communications
Director, Voices for Children - SA

9:00 Advocacy 101

Large Auditorium

*Fred Cardenas, Family Service Association

9:30 Executive Functioning for Young Children

Large Auditorium

*Jenice Dames, Northside ISD

11:00 Morning Session

Classrooms, See Session Grid

12:30 Lunch

Courtyard

1:30 Afternoon Session

Classrooms, See Session Grid

3:00 End

Questions? Return to Welcome Center

voicessa.org

210-220-2584

MORNING SESSION

Plenary Session, 9:30 to 10:45am

Texas A&M University -
San Antonio
Brooks City Base Campus

You Hold the KEY! Unlocking the Secret to Executive Functioning

Jenice Dames, Northside Independent School District

We have a huge responsibility in our classroom! In addition to keeping children safe and teaching them valuable early concepts, we also need to help develop their Executive Functioning Skills! Sounds impossible right?! This fun interactive session will focus on defining what Executive Functioning is. You will also discover how fun and easy it is to help children develop this critical skill so they can have future success.

ROOM 127

Stop the Bullying

Elvia Pace, Child Advocate

An interactive approach on ways to teach children of the effects of bullying. Participants will leave with an array of tools/activities that can be implemented in a group setting.

ROOM 135

The Code of Ethical Conduct and Advocacy

Ana DeHoyas O'Connor, San Antonio College

Participants will learn the ethical responsibilities to community and society as it pertains to the NAEYC Code of Ethical Conduct.

ROOM 136

Keeping Children's Natural Curiosity Alive Through Open-Ended Art

María Castro & Rosalinda Rangel, PreK 4 SA

Come join us in a session that will bring out your child-like spirit. Be prepared to think, explore, create and most importantly, be inspired by the magic of your own creativity.

ROOM 137

Developing Social and Emotional Skills in 3 and 4 year olds through Children's Literature

Christine Bonilla, PreK 4 SA

This session will explore how the use of children's literature with 3-4 year olds can facilitate discussions and activities to develop these skills. Developing social and emotional skills are necessary for children to effectively participate in the classroom community and the world around them.

ROOM 138

Appreciated, Belonged, and Celebrated: The ABC's of Culture in the Classroom

Toni Sturdivant & Rosie Lopez

Children come to us with so many unique gifts! In this session, teachers will learn how to create a multicultural learning environment that represents all of their students.

ROOM 163

SAFE SLEEP - SUDI/SIDS

Christina Polanco, ChildSafe

Sudden Infant Death Syndrome (SIDS) is the sudden, unexpected death of an apparently healthy infant, for which no cause can be identified. It continues to be a leading cause of death during infancy despite years of research.

****Limit 30 Participants****

ROOM 168

Story Telling -Literacy Development
**** Bi-Lingual****

Oralia Lamas, IDRA

This story telling session "La Chamaca Machaca" will focus on self-awareness and self-concept. Children need this skill in order to achieve their goals, especially in a world that is filled with distractions and information overload. It involves paying attention, remembering the rules, thinking flexibility and exercising self control. This session will be provided in Spanish.

ROOM 171

Zero to Five: How Trauma Impacts Child Development

Melinda Charles, San Antonio Center for Childhood Trauma & Attachment

It's estimated that at least 1/3 of children have experienced trauma. Of these traumatized children, 80% will have a disorganized attachment. In this presentation you will learn about adverse childhood experiences and the 4 styles of attachment. You will learn to recognize signs of early developmental trauma and how it alters normal development. Then you will learn what enjoyable activities you can engage in with hurt children to help them achieve normal developmental milestones.

ROOM 172

Communication, Redirection & Positive Behavior - Our Influence in the Classroom

Pamela Ramsey, The Brighton Center

Communicating positively with young children helps them develop confidence, feelings of self-worth, and good relationships with others. It also helps make life with young children more pleasant for children and parents. Positive communication focuses on respect for the child and involves both speaking and listening. Communication is what we say and how we say it. Positive communication leads to nurturing relationships, cooperation, and feelings of worth.

ROOM 195

Introduction to Breastfeeding for Infant Caregivers

Presenter Pending (Laura Gruber)
The Center for New Communities

In addition to learning about the many benefits of breastfeeding, infant caregivers will gain an understanding of what it takes for a mother to achieve and maintain a milk supply that meets her baby's need. Caregivers are offered insight for helping mothers overcome emotional and social barriers to breastfeeding, and will be able to help families understand and navigate local breastfeeding resources.

11:00am - 12:30pm

AFTERNOON SESSION

12:30pm - 1:30pm LUNCH

ROOM 127	ROOM 135	ROOM 136	ROOM 137	ROOM 138
<p>What is Child Abuse?</p> <p><i>Gladys Amador, ChildSafe</i></p> <p>ChildSafe offers comprehensive, basic training on child abuse. This training includes information on all types of maltreatments (physical, sexual, and neglect) and provides important information on all types of child abuse (i.e., definitions, statistics, "red" flags, handling outcries, reporting procedures). Handouts provided, along with resource and prevention information.</p>	<p>Mind, Body and Spirit: Taking care of the Whole You to Reduce Stress</p> <p><i>Fred Cardenas, Family Service Association</i></p> <p>Participants will review the causes of stress, practical ways to reduce stress and practice some of those strategies. Participants will leave the session with their own plan to decrease stress and improve well-being.</p>	<p>What I am really trying to tell you: Understanding Root Causes of Challenging Behavior</p> <p><i>Linda Bennett, Catholic Charities</i></p> <p>Biting, kicking, screaming, hitting, throwing themselves on the ground, name calling, pushing, destructive behavior...any of these sound familiar? If this is happening every day, every other day, or randomly, it can become difficult to remind ourselves the child's behavior has a purpose. This session will provide participants awareness of root causes of challenging behavior in children, how to respond and help children manage their behavior, and tools to use when children's behavior challenges us. Our role in this process is to guide children's behavior, not control.</p>	<p>Do You Want to be A Rock Star?</p> <p><i>Elaine Cain & Sherri Routin, PreK 4 SA</i></p> <p>Children are naturally curious about rocks, so why not bring rocks into the classroom? We will discuss ways to use inquiry-based learning to investigate this topic. Participants will take away engaging ideas and activities to explore rocks not only during science but throughout the day.</p>	<p>Journey through the Texas Pre-Kindergarten Guidelines</p> <p><i>Kristina Herrera & Qena Jennings, PreK 4 SA</i></p> <p>The Pre-K Guidelines are designed to guide the learning experiences that provide the foundation for young children academically, socially, and emotionally. This session will take participants on a journey through the standards with active engagement and practical strategies shared along the way.</p>
ROOM 163	ROOM 168	ROOM 171	ROOM 172	ROOM 195
<p>SAFE SLEEP - SUDI/SIDS</p> <p><i>Christina Polanco, ChildSafe</i></p> <p>Sudden Infant Death Syndrome (SIDS) is the sudden, unexpected death of an apparently healthy infant, for which no cause can be identified. It continues to be a leading cause of death during infancy despite years of research.</p> <p>**Limit 30 Participants**</p>	<p>Story Telling -Literacy Development **Bi-Lingual**</p> <p><i>Oralia Lamas, IDRA</i></p> <p>This story telling session "La Chamaca Machaca" will focus on self-awareness and self-concept. Children need this skill in order to achieve their goals, especially in a world that is filled with distractions and information overload. It involves paying attention, remembering the rules, thinking flexibility and exercising self control. This session will be provided in Spanish.</p>	<p>Math for Every Child: Taking on Barriers in STEAM Education</p> <p><i>Paula Johnson, M.A., IDRA</i></p> <p>Participants will engage in dialogue and activities that address gender and racial biases students encounter in pursuing STEAM education. The goal of this session is to empower teachers, parents, and students with knowledge about STEAM, and present strategies towards creating bias-free environments at school and home that promote STEAM interest.</p>	<p>Exploring Early Literacy</p> <p><i>Julia Lazarin, San Antonio Public Library</i></p> <p>Learn about the 5 practices every child needs to be prepared to read and how the San Antonio Public Library can help.</p>	<p>Bottle-Feeding & Preserving Mom's Milk Supply after the Introduction of Solids</p> <p><i>PENDING Presenter (Laura Gruber) The Center for New Communities</i></p> <p>Caregivers who attend this session will be able to help mothers preserve their breastfeeding relationship even after their babies enter the childcare setting. Infant caregivers will be introduced to bottle-feeding techniques and routines which will help breastfed babies preserve instinctual breastfeeding behaviors. In addition, methods of introducing solids will be offered from the perspective of infant-readiness and a milk-supply preservation after solid-introduction.</p>

1:30 - 3:00pm

Early Childhood Trainings

VOICES for Children
SAN ANTONIO

SIGN UP FOR THESE UPCOMING FREE EARLY CHILDHOOD TRAININGS:

DISTRICT 4 (Southwest)
January 16, 2016
Palo Alto College
d4ect2016.eventbrite.com

DISTRICT 2 (East)
April 16, 2016
St. Philip's College
d2ect2016.eventbrite.com

DISTRICT 6 & DISTRICT 8 (Northwest)
August 6, 2016
Northwest Vista College
d68ect2016.eventbrite.com

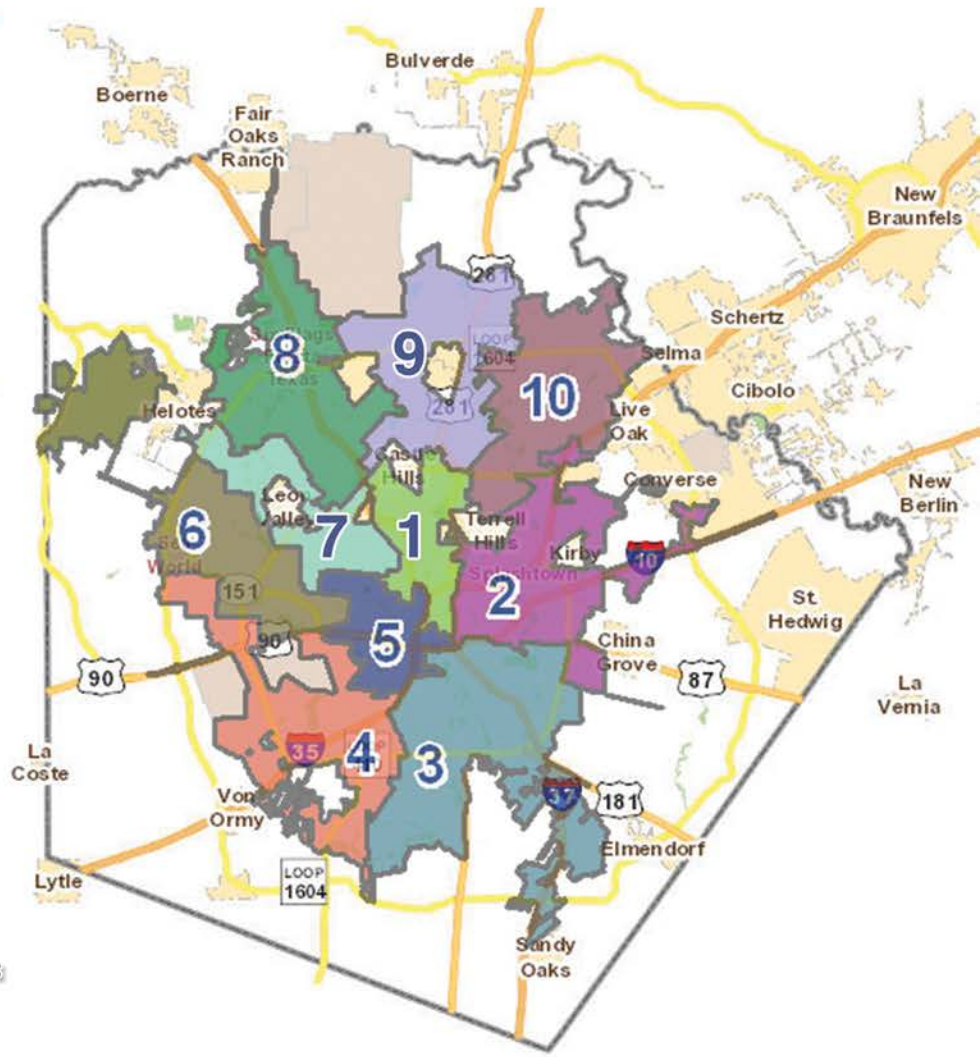
DISTRICT 1 (Central)
September 10, 2016
San Antonio College
d1ect2016.eventbrite.com

DISTRICT 5 (West)
October 8, 2016
Our Lady of The Lake University
d5ect2016.eventbrite.com

DISTRICT 3 (Southeast)
November 12, 2016
Texas A&M University-San Antonio
d3ect2016.eventbrite.com

Additional Trainings Pending (based on the printing of this program):

February 6, 2016 & March 5, 2016



What City Council District do you live and work in? Find out here:
<http://www.sanantonio.gov/Council/FindMyCouncilMember.aspx>